

# CANBERRA 2020 Checklist

Make sure you pack.....

<b>CLOTHES <u>ALL CLEARLY NAMED</u></b>	<b>BATHROOM</b>
<ol style="list-style-type: none"> <li>1. <b>Beanie</b></li> <li>2. <b>Scarf</b></li> <li>3. <b>Gloves</b></li> <li>4. <b>Hat</b></li> <li>5. Socks/tights – 6 pairs – warm</li> <li>6. Shoes – 2 pairs of comfortable, warm walking shoes. eg. black school shoes, joggers, boots (<b>Not high-heeled!!</b>)</li> <li>7. Slippers or thongs for the evening</li> <li>8. Tracksuits (not cut out leggings) – 2 or 3</li> <li>9. Jeans/pants – 2 or 3</li> <li>10. T-shirts x 5</li> <li>11. Long sleeve shirts – 3 or 4</li> <li>12. Jumpers 2 or 3</li> <li>13. Jacket – warm and preferably waterproof</li> <li>14. Underwear – 6 pairs</li> <li>15. Pyjamas – warm</li> <li>16. Plastic Bags (e.g. x 2 (1 for wet and 1 for dirty clothes))</li> <li>17. Raincoat <b>or</b> poncho</li> <li>18. Small backpack / daypack</li> </ol> <p>Optional: Camera, <b>but must be your responsibility.</b></p>	<ol style="list-style-type: none"> <li>1. Toothbrush/paste</li> <li>2. Soap</li> <li>3. Washer</li> <li>4. Brush/Comb</li> <li>5. Sunscreen</li> <li>6. Tissues</li> <li>7. Personal Items</li> <li>8. Deodorant (<b>non-aerosol</b>)</li> <li>9. Shampoo/Conditioner</li> <li>10. Medication (<b>Must be clearly labelled and be handed to staff at the airport</b>) You are able to keep your asthma puffer with you.</li> <li>11. Torch (Pack in carry on, <b>DO NOT BRING SPARE BATTERIES</b>)</li> </ol>

## **CLOTHES FOR DAY AT THE SNOW**

Layers of clothing are preferable –

1. Thermal / t-shirt
2. long sleeve shirt
3. tracksuit top/woollen jumper
4. tracksuit pants or jeans
5. 1 pair thick woollen socks or **2 pairs of ordinary socks worn together (& spare socks to take in daypack)**
6. Ski Goggles or Sunglasses optional
7. **Snow gloves – MUST be waterproof**

**(Parka, pants & boots are provided at Snowfields)**

**DO NOT BRING:** Electrical equipment (eg. Tablets /ipads/iphones etc) lollies (except to have on the flights), chips, gum, pocket knives, scissors, comics or magazines.

### **HANDY HINTS:**

- Pack your own bag so that YOU know where everything is located. (You need to be able to lift / carry / move your own bag, so a medium sized bag on wheels is preferable).
- Plan your wardrobe requirements so that you bring enough for each day and one spare set of clothing in case of wet weather.
- Put dirty clothes into a plastic bag each day so they don't touch your clean, dry clothes.
- You can bring an iPod to act as a camera but it is **your own responsibility**. You will only be allowed to use them at appropriate times. No social media apps allowed.
- You must wear your Tour Hoodie on the plane, at Parliament House, War Memorial and at other times when staff feel that it is necessary.